



# Metlakatla First Nation

The Metlakatla Governing Council and Metlakatla Development Corporation have together approved a \$1,000 per member distribution, regardless of age, to assist members during the holiday season. Given the importance of collecting data on the health and mental and economic well-being of our members, we are asking all adults over the age of 18 to complete the Metlakatla Census included in this application to be eligible for the distribution. Should you require assistance with the Census, please contact Jordan or Shaun in the Communications Department at 250-628-3234.

All members are invited to access these funds by completing this form and providing the information below by **December 2, 2022**. Payment for each registered youth under 18 will only be processed once. Applications without Status Number and completed Census forms will be incomplete. Completed applications, or photos of completed applications, can be emailed to [communications@metlakatla.ca](mailto:communications@metlakatla.ca) or mailed to:

Metlakatla Communications, PO Box 459, Prince Rupert BC, V8J 3R2

Legal First Name                      Legal Last Name                      Date of Birth yyyy-mm-dd      Status #

Mailing Address:

City    Province /State    Postal Code

Telephone    Email address    Gender

Children under the age of 18

Status #    First Name    Last Name    Date of Birth yyyy-mm-dd      Gender

Signature of applicant    Date

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FOR OFFICE USE ONLY

Date Received    Received By

Clerk Signature    Date

Finance Signature    Date

Reference #



# METLAKATLA MEMBERSHIP CENSUS

## Confidentiality Clause on Behalf of Metlakatla First Nation

We will not share your personal information. Results of this census will only be shared by reporting grouped statistics and will never be associated with an individual respondent (for example, a report may say, “75% of Metlakatla members share their home with 4 or more other individuals”). All employees or contractors working on this project have signed confidentiality and non-disclosure agreements. In addition, we take measures to protect your confidential information against loss, theft, unauthorized access, disclosure, copying, use or modification, regardless of the format in which it is held.

The census results will inform the work of the Metlakatla CEM Program and other Metlakatla specific programming. In addition, results from Section 4: Housing will be used to support a Metlakatla housing needs assessment, which is being carried out by an SFU master’s student in support of the Metlakatla CEM Program.

In accordance with Federal legislation, specifically *The Privacy Act*, we take the safety and security of your information seriously. Here are some of the steps we have taken to ensure this:

- Members that complete the paper copy of the census will be asked to place the completed census in a double-sealed envelope before handing it to census administrators. The paper copies of the census will only be opened by the Metlakatla Census Coordinator for data entry and then destroyed.
- All personally identifying information is kept strictly confidential. Once your information is collected, all personal identifiers will be removed and replaced with a numeric code.
- No one in the community will be able to access your answers.
- Information collected by the Metlakatla Membership Census will only be published as “grouped results” with no information that could identify you as an individual.
- Final results will be stored digitally on Metlakatla computer servers, located in Metlakatla First Nation Traditional Territory and password protected or on Metlakatla-approved cloud storage systems.
- Strict security firewalls are in place on all of Metlakatla computer servers where the census information will be stored.

If you have any concerns about confidentiality, please contact the Metlakatla Executive Director at [executive.director@metlakatla.ca](mailto:executive.director@metlakatla.ca) or the Metlakatla CEM Program Co-Manager, Katerina Kwon ([katerina\\_kwon@sfu.ca](mailto:katerina_kwon@sfu.ca)).



**METLAKATLA MEMBERSHIP CENSUS**

1. What is your current employment status? Please select the **best answer**.

- Full-time employed (>35 hours/week)
- Part-time employed (<35 hours/week)
- Self-employed
- Unwaged Caregiver
- Employment Insurance (EI)
- Unemployed – able and looking to work
- Unemployed – disabled/unable to work
- Student
- Retired

We recognize that income can be sensitive, personal information; however, please note that your answers to the following question will remain anonymous.

2. For the previous year, please think of your **total individual income** from all sources before tax. What income range does it fall under?

- No income
- Under \$5,000
- \$5,000 - \$9,999
- \$10,000 - \$14,999
- \$15,000 - \$19,999
- \$20,000 - \$24,999
- \$25,000 - \$29,999
- \$30,000 - \$39,999
- \$40,000 - \$49,999
- \$50,000 - \$59,999
- \$60,000 - \$79,999
- \$80,000 - \$99,999
- \$100,000 - \$124,999
- \$125,000 and over

3. What education have you completed? **Please select all that apply.**

- Some High School
- High School Graduate
- Certificate or diploma from trade, technical or vocational school
- Certificate or diploma from community college
- Bachelor's degree
- Professional degree (e.g. medical, teaching, accounting, etc.)
- Masters or PhD degree
- Other (please specify): \_\_\_\_\_

4. Please list which degrees or professional certificates you have received below (certificates could include WHMIS, Food Safe, Basic Security):



# METLAKATLA MEMBERSHIP CENSUS

5. Please fill out the following table about participation in **food and material harvesting activities**. If you did not participate in the activity, please put '0'.

In the <b>past 12 months</b> , how many days of each season did you harvest the following species? <b>(Write # of days/season)</b>					Has your harvesting changed in the <b>past 3 years?</b> <b>Select <u>one</u>.</b>
SPECIES	Summer (June-Aug) ~90 Days	Spring (Mar-May) ~90 Days	Winter (Dec-Feb) ~90 Days	Fall (Sept-Nov) ~90 Days	
<b>FISHING</b>					
Salmon (sockeye, coho, etc.)					For fishing: <input type="radio"/> Increased <input type="radio"/> Decreased <input type="radio"/> No Change
Halibut					
Eulachon					
Herring Roe					
Crab					
<b>HARVESTING OTHER SEAFOOD</b>					
Clams and Cockles					For harvesting: <input type="radio"/> Increased <input type="radio"/> Decreased <input type="radio"/> No Change
Seaweed					
<b>GATHERING PLANTS</b>					
Berries					For gathering: <input type="radio"/> Increased <input type="radio"/> Decreased <input type="radio"/> No Change
Cedar					
Medicinal Plants					
<b>HUNTING AND TRAPPING</b>					
Marine Mammals					For hunting: <input type="radio"/> Increased <input type="radio"/> Decreased <input type="radio"/> No Change
Land Mammals					
Birds					
Other: _____					



# METLAKATLA MEMBERSHIP CENSUS

6. In the past 12 months, what did you use traditional foods and materials for? **Please select all that apply.**

- Food
- Gave away to family and/or friends
- Feasting
- Trading
- Ceremonial use (weddings, etc.)
- Other (please specify): \_\_\_\_\_

7. How do you access **most** of your salmon and halibut food fish? **Please select only one.**

- I fish
- Someone in my household fishes
- From family or friends
- Food fish distribution program
- Other (please specify): \_\_\_\_\_

8. How often do you or family members participate with youth in food harvesting, processing and preparing activities? *“Youth” is defined as someone under the age of 24.*

- Never
- Less than 50% of the time
- About 50% of the time
- Over 50% of the time
- Always

9. Please fill out the following table about participating in **food and material processing and preparing activities.** If you did not participate in the activity, please put ‘0’.

In the <b>past 12 months</b> , how many days of each season did you participate in the following activities? <b>(Write # of days/season)</b>					Has your processing / preparing changed in the <b>past 3 years?</b> <b>Select one.</b>
ACTIVITY	Summer (June-Aug) ~90 Days	Spring (Mar-May) ~90 Days	Winter (Dec-Feb) ~90 Days	Fall (Sept-Nov) ~90 Days	
<b>Processing traditional foods</b> (e.g. gutting, chopping)					<input type="radio"/> Increased <input type="radio"/> Decreased <input type="radio"/> No Change
<b>Preserving traditional foods</b> (e.g. jarring, smoking)					<input type="radio"/> Increased <input type="radio"/> Decreased <input type="radio"/> No Change
<b>Cooking traditional foods</b>					<input type="radio"/> Increased <input type="radio"/> Decreased <input type="radio"/> No Change
<b>Eating traditional foods</b>					<input type="radio"/> Increased <input type="radio"/> Decreased <input type="radio"/> No Change



# METLAKATLA MEMBERSHIP CENSUS

10. Please choose the **top THREE (3)** cultural activities you want to see more of in the community.

- |  |   |
|--|---|
| <input type="radio"/> Feasting                                 | <input type="radio"/> Regalia making                  |
| <input type="radio"/> Cedar weaving                            | <input type="radio"/> Traditional drawing             |
| <input type="radio"/> Traditional singing and dancing          | <input type="radio"/> Language classes                |
| <input type="radio"/> Carving                                  | <input type="radio"/> Elder-Youth mentorship programs |
| <input type="radio"/> Passing of oral histories and traditions | <input type="radio"/> Other (please specify): _____   |

11. How well can you speak Sm'alg yax?

- Fluent     Intermediate     Basic     Only a few words     Can't speak at all

12. Are you interested in learning Sm'alg yax?

- Very interested     Somewhat interested     Not interested

13. Please choose the **top THREE (3)** barriers for not learning Sm'alg yax.

- |  |   |
|--|---|
| <input type="radio"/> No language classes available          | <input type="radio"/> Too busy working              |
| <input type="radio"/> No one available to teach the language | <input type="radio"/> Not interested                |
| <input type="radio"/> No one to practice with                | <input type="radio"/> Too young                     |
| <input type="radio"/> Not easy to get to                     | <input type="radio"/> Other (please specify): _____ |

14. For the following types of health, in general, compared to other people your age, would you say that your health is:

	Excellent	Very Good	Good	Fair	Poor
Physical Health					
Mental Health					
Emotional Health*					
Spiritual Health					

\* Emotional health includes feelings of love, loneliness, stress, etc.

The following questions ask about health conditions. We recognize that health conditions are sensitive, personal information; however, please note that your answers will remain anonymous.

15. Do you have type 2 diabetes?     Yes     No



# METLAKATLA MEMBERSHIP CENSUS

16 a. **If yes**, did you find out from a doctor last year?  Yes  No

17. Do you have hypertension (also known as high blood pressure)?  Yes  No

a. **If yes**, did you find out from a doctor last year?  Yes  No

b. **If yes**, was the high blood pressure related to pregnancy?  Yes  No

18. Do you feel connected to your culture (including language and cultural traditions, practices and activities)? If connection to culture is not relevant to your overall well-being, please select 0.

Not Relevant to My Well-Being	Not at All Connected	Somewhat Connected	Moderately Connected	Very Connected
0	1	2	3	4

19. Do you feel connected to your community (all Metlakatla members)? **Please select on a scale of 1 to 4. If connection is not relevant to your overall well-being, please select 0.**

Not Relevant to My Well-Being	Not at All Connected	Somewhat Connected	Moderately Connected	Very Connected
0	1	2	3	4

20. Do you feel connected to your history (including Tsimshian and Metlakatla identity, history and knowledge)? **Please select on a scale of 1 to 4. If connection to history is not relevant to your overall well-being, please select 0.**

Not Relevant to My Well-Being	Not at All Connected	Somewhat Connected	Moderately Connected	Very Connected
0	1	2	3	4

21. Do you feel connected to your traditional waters and lands? **Please select on a scale of 1 to 4. If connection to waters is not relevant to your overall well-being, please select 0.**

Not Relevant to My Well-Being	Not at All Connected	Somewhat Connected	Moderately Connected	Very Connected
0	1	2	3	4



**METLAKATLA MEMBERSHIP CENSUS**

22. Do you have a primary care provider, someone on your health team that is responsible for ensuring that you receive continuous care?

- Yes       No       Not applicable

a. **If yes**, what is the role of that person on your health team? **Please select one.**

- Family doctor       Nurse or nurse practitioner       Social worker  
 Pharmacist       Traditional healer       Community health worker  
 Other (please specify): \_\_\_\_\_

23. In the past 12 months, did you ever experience any difficulties getting routine or on-going care?

- Yes       No       Not applicable

a. **If yes**, what type of difficulties did you experience? **Please select all that apply.**

- Do not have a personal/family doctor  
 Wait times are too long  
 Service or appointments unavailable  
 Transportation problems  
 Cost  
 Racialized discrimination when using health services  
 Unaware of available services and where to find them  
 Unable to leave the house because of a health problem  
 No access to traditional medicine (including herbal remedies, spiritual therapies, assistance from Elders or healers, or other practices specific to Metlakatla)  
 Other (please specify): \_\_\_\_\_

24. For the previous year, please think of your **total household (combined) income** from all sources before tax. What income range does it fall under?

- |   |   |
|---|---|
| <input type="radio"/> No income           | <input type="radio"/> \$30,000 - \$39,999   |
| <input type="radio"/> Under \$5,000       | <input type="radio"/> \$40,000 - \$49,999   |
| <input type="radio"/> \$5,000 - \$9,999   | <input type="radio"/> \$50,000 - \$59,999   |
| <input type="radio"/> \$10,000 - \$14,999 | <input type="radio"/> \$60,000 - \$79,999   |
| <input type="radio"/> \$15,000 - \$19,999 | <input type="radio"/> \$80,000 - \$99,999   |
| <input type="radio"/> \$20,000 - \$24,999 | <input type="radio"/> \$100,000 - \$124,999 |
| <input type="radio"/> \$25,000 - \$29,999 | <input type="radio"/> \$125,000 and over    |





# METLAKATLA MEMBERSHIP CENSUS

25. Please record how many people, **INCLUDING YOU**, live in your house **now at least half the time**, using the age categories below. *If none, mark '0'*. Please fill in the entire table below.

	How many Metlakatla FEMALES?	How many non-Metlakatla FEMALES?	How many Metlakatla MALES?	How many non-Metlakatla MALES?
Children 0 – 4 years old				
Children 5 – 17 years old				
Adults 18 – 64 years old				
Elders 65+ years old				

26. How many bedrooms does your home have? \_\_\_\_\_

27. Does your home need repairs? Note that:

- **Major repairs include:** *defective plumbing or electrical wiring, structural repairs to walls, floors, ceiling, roof, etc.*
- **Minor repairs include:** *missing or loose floor tiles, bricks, shingles, defective steps, railings, siding, etc.*

- Yes, major repairs       Yes, minor repair  
 Only regular maintenance is required (e.g. painting)     Don't know

28. Do you own or rent your home?     Own     Rent

29. Please fill out the following table with the **average yearly** costs of living.  
*If a field does not apply to you, please write N/A.*

Cost of Living	Average Yearly Cost (\$/year)
Water and municipal services	
Electricity	
Heat (natural gas, separate from electricity)	
Property tax	

30. Please fill out the following table with the **average monthly** costs of living.



# METLAKATLA MEMBERSHIP CENSUS

*If a field does not apply to you, please write N/A.*

<b>Cost of Living</b>	<b>Average Monthly Cost (\$/month)</b>
Rent or mortgage payment	
Condo fees	
Transportation between Metlakatla Village and Prince Rupert	

Do you approve the use of information provided in this census to be contacted for future surveys or employment opportunities?

Yes

No

-----**END OF CENSUS**-----