



# HEALTHY TRAILS

Date: July 13th, 2023

Location: Metlakatla Wilderness Trail

Time: 9:30 to 12:00

Lace up your hiking boots, grab your backpack, and get ready to explore the breathtaking beauty of the Metlakatla Wilderness Trail on July 13th!

Members who wish to participate are asked to meet at the Health Clinic for 9:30am. The bus will depart the Health Clinic at 9:45 to go to the Metlakatla Wilderness Trail.

After an stimulating hike and scavenger hunt, we'll gather for a well-deserved healthy lunch!

